

Weald Hall Care Home Monthly Newsletter



Weald Hall Lane, Thornwood, Epping, Essex, CM16 6ND

Our boutique luxury home delivering individual care for our residents



Weald Hall Walking Club

With Spring on its way we have added Walking Club to our activities planner! Getting us out in the fresh air and keeping us fit and healthy.

We will be enjoying different locations each walk and enjoying some different scenery, Our first walk was greatly enjoyed by all!



Love is all around us

At Weald Hall, we make it a point to spread love every day, and Valentine's Day was no exception! Our residents absolutely adored the Valentine's decorations and had a blast learning a fun routine during our dance lesson. It was such a hit that our residents have asked to do it again—and when they ask, we make it happen!



This month, we've had a fantastic time with our usual activities, along with some exciting new ones! Candle making was a first for us, and we had an amazing time—huge thanks to our friend Amanda Lee for sharing this experience with us. We also celebrated National Pizza Day by making our own pizzas, and enjoyed some fun-filled balloon tennis, which was great for both fitness and laughter!

