## Weald Hall Care Home Monthly Newsletter

Weald Hall Lane, Thornwood, Epping, Essex, CM16 6ND

Our boutique luxury home delivering individual care for our residents



## **Brewing Good Times!**

Our residents love coffee mornings - and what they want, they get!
It's a wonderful way for everyone to connect, catch up, and share stories. We all get involved, take time to sit down with a cuppa, and have a good chat!

We love bringing out our posh coffees and enjoying a latte or cappuccino – and let's not forget the most important part... cake!

We also enjoy browsing through the news together and discussing current affairs, helping us stay connected with what's happening outside our little bubble.

Keep an eye out for our next coffee morning and come join us - it's always a lovely time spent together!



## Together we thrive!

We're so fortunate to be part of such a fantastic community. Community engagement and keeping our residents connected with the world outside our home is incredibly important to us!

Throughout September, we've enjoyed some wonderful outings, meeting new people, and building new friendships.

We had a great time joining Kinder Essex for their walking club - we were having so much fun, we hardly noticed how far we'd walked! We also loved the coffee morning in Epping, where we spent the morning chatting away.

We treated ourselves to some delicious cakes at the Village Deli, and had a lovely visit from Nicky, the Community Champion for Epping Tesco, who kindly donated cakes for our Macmillan Coffee Morning!



## Shop, Smile, Repeat!

We do love to shop!

There's nothing better than a browse around the shops - and maybe buying a thing or two... or three!

We love supporting our residents to shop independently and choose what they like for themselves. And of course, no shopping trip is complete without stopping for a spot of lunch to keep our energy up!

Our shopping outings always leave us with full bags and big smiles.

